



Prof. Dr. Sapna Purushotham

General surgery • Breast • MIS

CLINICIAN PROFILE

GENERAL SURGERY • BREAST • MINIMAL ACCESS

Prof. Dr. Sapna Purushotham

MBBS, MS (General Surgery)

Head of Department and Professor, General Surgery

Families come for a lump in the breast, a hernia that will not stay in, piles that will not settle, or an abdomen that has become an emergency. Prof. Dr. Sapna Purushotham has fifteen years in general surgery. She trained at Kempegowda Institute of Medical Sciences, Bengaluru, and at B.M. Patil Medical College, Bijapur, and now leads general surgery at SMSIMSR — minimal-access work, breast and oncoplastic lists, proctology and surgical oncology.

Head of Department and Professor, General Surgery

Sri Madhusudan Sai Institute of Medical Sciences and Research

Sathya Sai Grama, Muddenahalli — 30 minutes from Bangalore International Airport

A smaller cut when a smaller cut will do.

She is Head of Department and Professor of General Surgery at SMSIMSR. The list is laparoscopic work, breast and oncoplastic surgery, proctology, surgical oncology and the acute abdomen. Listen first. A written plan before the theatre date. Urology, gastroenterology and plastic surgery sit next door when the list needs them.

What he sees patients for

International patients most often come for hernia, gallbladder, breast disease, piles or fistula, or an abdominal problem that other centres have not settled. Super-specialty colleagues in urology, gastroenterology and plastic surgery are on the same campus.

Minimal-access surgery	Laparoscopic work where a smaller cut is the safer path — gallbladder, hernia and selected abdominal lists
Breast surgery	Benign breast disease and breast cancer, including oncoplastic reconstruction so the chest is not left as an afterthought
Proctology	Piles, fistula and other anal disease treated with a clear plan and an early return to ordinary sitting
Surgical oncology	Cancer lists in general surgery, planned with oncology colleagues on the same campus
Acute abdomen	Emergency abdominal surgery — published work on non-traumatic acute abdomen from a tertiary list

Why families can feel steady in his care

► Bengaluru trained, then the list

MBBS, Kempegowda Institute of Medical Sciences, Bengaluru. MS General Surgery, B.M. Patil Medical College, Bijapur. Fifteen years across medical colleges and corporate hospitals before this campus.

► Breast work that is written down

Published profiles of carcinoma breast and of benign breast disease. Oncoplastic reconstruction is part of the plan, not an afterthought.

► Societies that keep the standard

Association of Surgeons of India (ASI). Association of Minimal Access Surgeons of India (AMASI). Karnataka Medical Council.

Credentials

Present appointment	Head of Department and Professor, General Surgery Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR), Sathya Sai Grama, Muddenahalli
Qualifications	MBBS — Kempegowda Institute of Medical Sciences, Bengaluru MS General Surgery — B.M. Patil Medical College, Bijapur



Earlier posts	Medical colleges and corporate hospitals across Karnataka, including East Point College of Medical Sciences
Practice	Minimal-access / laparoscopic surgery Breast surgery and oncoplastic reconstruction Proctology Surgical oncology Emergency and non-traumatic acute abdomen
Selected papers	Carcinoma breast — a descriptive clinical study — Int Surg J 2017 Benign breast disease — Acad J Surg 2019 Non-traumatic acute abdomen — MedPulse Int J Surg 2017 Prophylactic antibiotics in elective general surgery — J Evol Med Dent Sci 2015
Memberships	Association of Surgeons of India (ASI) Association of Minimal Access Surgeons of India (AMASI) Karnataka Medical Council

A short note on coming to clinic

Bring recent scans or reports, a list of medicines, and a plain account of pain, a lump, bleeding or what you can no longer do. The first visit is an assessment and a written plan — not an automatic date for theatre. This note is to help you choose a surgeon. It is not a substitute for a consultation.

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WhatsApp / call

Shobhna Gupta +91 97418 42802 · shobhna.gupta@smsimsr.org

Sujith Chathoth +91 70128 49103 · sujith.chathoth@smsimsr.org

internationalpatients@smsimsr.org · www.smsimsr.org